

## **The Most Holy BODY and BLOOD of CHRIST, Year C**

### **ENTRANCE ANTIPHON:**

**He fed them with the finest wheat  
and satisfied them with honey from the rock.**

### **FIRST READING:**

A reading from the Book of Genesis 14:18-20

Melchizedek king of Salem brought bread and wine; he was a priest of God Most High. He pronounced this blessing: 'Blessed be Abraham by God Most High, creator of heaven and earth, and blessed be God Most High for handing over your enemies to you.' And Abraham gave him a tithe of everything.

The Word of the Lord. **All: Thanks be to God.**

### **RESPONSORIAL PSALM:**

**You are a priest for ever in the line of Melchizedek.**

The Lord's revelation to my Master:

'Sit on my right: I will put your foes beneath your feet.' **(R.)**

The Lord will send from Zion your sceptre of power:  
rule in the midst of all your foes. **(R.)**

A prince from the day of your birth on the holy mountains;  
from the womb before the daybreak I begot you. **(R.)**

The Lord has sworn an oath he will not change.

'You are a priest for ever, a priest like Melchizedek of old.' **(R.)**

### **SECOND READING:**

A reading from the first letter of St Paul to the Corinthians 11:23-26

This is what I received from the Lord, and in turn passed on to you: that on the same night that he was betrayed, the Lord Jesus took some bread, and thanked God for it and broke it, and he said, 'This is my body, which is for you; do this as a memorial of me.' In the same way he took the cup after supper, and said, 'This cup is the new covenant in my blood. Whenever you drink it, do this as a memorial of me.' Until the Lord comes, therefore, every time you eat this bread and drink this cup, you are proclaiming to his death.

The Word of the Lord. **All: Thanks be to God**

### **GOSPEL ACCLAMATION:**

**Alleluia, alleluia!**

I am the living bread from heaven, says the Lord;  
whoever eats this bread will live for ever.

**Alleluia!**

## **GOSPEL:**

A reading from the Holy Gospel according to Luke 9:11-17

Jesus made the crowds welcome and talked to them about the kingdom of God; and he cured those who were in need of healing.

It was late afternoon when the Twelve came to him and said, 'Send the people away, and they can go to the villages and farms round about to find lodging and food; for we are in a lonely place here.' He replied, 'Give them something to eat yourselves.' But they said, 'We have no more than five loaves and two fish, unless we are to go ourselves and buy food for all these people.' For there were about five thousand men. But he said to his disciples, 'Get them to sit down in parties of about fifty.' They did so and made them all sit down. Then he took the five loaves and the two fish, raised his eyes to heaven, and said the blessing over them; then he broke them and handed them to his disciples to distribute among the crowd. They all ate as much as they wanted, and when the scraps remaining were collected they filled twelve baskets.

The Gospel of the Lord.

**All: Praise to you, Lord Jesus Christ**



## **COMMUNION ANTIPHON:**

**Whoever eats my flesh and drinks my blood  
remains in me and I in him, says the Lord.**

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### **READINGS NEXT WEEK:**

**Sts PETER and PAUL, Apostles, Year C**

1st Reading: **Acts 12:1-11**

2nd Reading: **2 Timothy 4:6-8, 17-18**

Gospel: **Matthew 16:13-19**

## **AN ACT OF SPIRITUAL COMMUNION**

My Jesus,

I believe that You are in the Blessed Sacrament.

I love You above all things, and I long for You in my soul.

Since I cannot now receive You sacramentally, come at least spiritually into my heart.

As though you have already come, I embrace You and Unite myself entirely to You:

never permit me to be separated from You.

Amen